



*Give thanks to the LORD, for He is good; His love endures forever. | Chronicles 16:34*

# Joshua's Journal

Reaching People For Christ – **GOD FIRST!**



*The Pastor's Corner*

**Rev. Dr. Robert L. Grove**



**T**here is no secret to what the LORD can do. Despite COVID-19, we were able to present a unique and successful Virtual Four Seasons Tea. I thank the committee for your creativity and the church family for your tremendous support of this event.

Also, we regret that this year we were unable to safely present our annual Harvest Night Service. This has been a great alternative to Halloween for our children for over 30 years. However, if it be the Lord's will, we will return in 2021 with even greater enthusiasm. There were other programs and gatherings (including our Thanksgiving Day Service) that we regrettably removed from our church calendar. But God's delay is not God's denial. For we understand that they that wait upon the Lord shall renew their strength... So, we know that the best is yet to come.

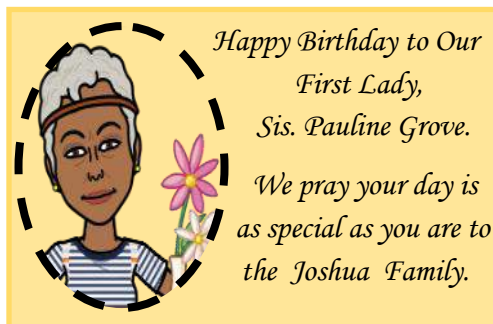
Sadly, we express our sadness and send our condolences to the Brown Family. Dr. James Brown the long-serving and preeminent Pastor of First Baptist Church, Jacksonville, NC, has transitioned from labor to reward. He was a brother, friend, and strong proclaimer of the gospel of Jesus Christ. He will always be missed but never forgotten.

Joshua, keep on praying that soon and very soon this pestilence will be swept from the land. God loves you and Lady Grove and I do too.

*Happy Thanksgiving!*

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| Pastor's Corner | Veterans Day/       | Mental Health  |
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## Joshua's Mission Statement

Joshua Baptist Church is a Christian Church under the direct leadership of the Lord Jesus Christ. We are also a Missionary Baptist Church committed to the salvation of the lost, conversion of the unregenerate, and the spiritual growth of the saved. We seek to follow Christ as He leads us, cultivate a bond of Christian love, one with another; and to truly and tangibly care for those in need. As Christians, we covet a consistent holy and liberated lifestyle that testifies to our being a born again believer in Jesus Christ, as we strive to fulfill our purpose of *Reaching People For Christ*. Remember, GOD First, we walk by faith and not by sight.

**Adopted**  
September 24, 1998

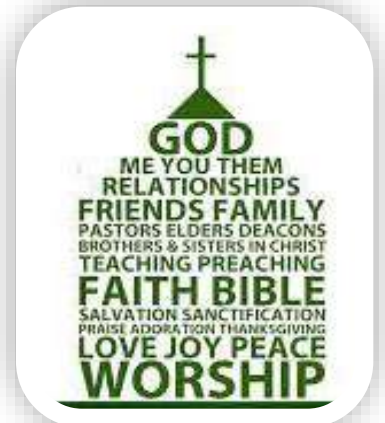
**Amended**  
July 30, 2005

**Amended**  
May 9, 2012





Now it is time to return to in-person gathered worship. Though this statement is not theologically precise, it is time to “return to church.” Why is it so important to get back in the habit of regular and faithful attendance? Why should the congregation make a new commitment to attend as regularly as possible? Here are five reasons.



**The Bible mandates we gather for worship.** As we have read or heard many times: “And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near” (Hebrews 10:25, NLT). Gathering for worship is not an optional activity. It is not an occasional activity. It is an ongoing and regular commitment.

**The Bible emphasizes the importance of the local church.** Think about it. After the four gospels, almost all of the New Testament is about the local church or directed to the local church. Throughout the New Testament, different local congregations met together and worshipped together. It is simply what believers do.

**When we gather together, we encourage each other.** Admittedly, many have adjusted well to streaming services online. But I readily admit, I did not get or give the same level of encouragement as those times when we were physically present with each other. Look at Hebrews 10:25 again. The act of gathering is an act of encouragement.

**When we gather together, we encourage our pastor.** The encouragement of one another includes the encouragement of our pastor and church leadership. They desperately need it. You cannot know the challenges of a pastor unless you have been one or are one. The stress and responsibilities they have had during the pandemic have been especially challenging. There are plenty of critics and discouragers for pastors. I pray that many people will return to the in-person gatherings with new levels of commitment. Our church leaders will be greatly encouraged.

**We grow spiritually when we commit to faithful attendance.** We grow as a believer in Christ when we have a committed prayer life. We grow when we are committed to read scripture daily. We grow when we share our faith regularly. We grow when we serve in ministry. And we grow when we commit to attend worship services faithfully. It is a spiritual discipline. It is a vital and necessary act toward greater spiritual maturity.

The pandemic and quarantine have been transformational moments for our world and our churches. We now have the incredible opportunity to hit the reset button in our own lives. For many Christians, committed church attendance was waning before the pandemic. God has reminded us, perhaps even given us a major wake-up call, how really important the gathered church is.



Get ready to return to the gathered church. But do so this time with a new enthusiasm and faithful commitment every week. It's a habit we cannot and should not neglect.



# *Sending Prayers To You*

## **Healing Prayer**

*Heavenly Father, we pray that You will lay your healing Hands upon all those who are sick. We beg You to have compassion on all those who are suffering so that they may be delivered from their pitiful circumstances.*

*In Jesus, we pray.  
Amen.*

*My Grace is sufficient for thee:  
for My Strength is made Perfect in  
WEAKNESS.*

*Most gladly therefore will  
I rather Glory in my INFIRMITIES, that the  
Power of Christ  
may rest upon me.*

*Therefore I Take Pleasure  
in INFIRMITIES, in REPROACHES,  
in NECESSITIES,  
in PERSECUTIONS, in DISTRESSES*

*For Christ's Sake:  
for when I am WEAK,  
then am I Strong.*

*2 Corinthians 12:9-10*

**Sis. Julia Adgeron**  
**Sis. Marliyn Broom**  
**Sis. Rosa Lee Blue**  
**Sis. Margie Breland**  
**Min. Ella Brown**  
**Dea. Leroy Brown**  
**Bro. Tony Brown**  
**Sis. Ernestine Butler**  
**Sis. Sharon Chaver**  
**Sis. Edna Clark**  
**Sis. Georgette Coleman**  
**Sis. Josephine Collins**  
**Little Ethan Entsuah (Dent)**  
**Bro. Ernest Frazier**  
**Rev. Tracy Grant**  
**Sis. Sara Green**

**Sis. Mary Jenkins**  
**Sis. Betty Joneso**  
**Sis. Yummy Jones**  
**Bro. Montell Johnson**  
**Brother Philip Johnson**  
**Sis. Yvonne Johnson**  
**Sis. Roberta Kenny**  
**Rev. Hester King**  
**Bro. Sammy King**  
**Sis. Lillie Manning**  
**Bro. Jessie McNeal**  
**Bro. Danny Moore**  
**Sis. Shirley Newman**  
**Bro. Louis Newman**  
**Sis. Edna Peacock**  
**Sis. Tennie Proctor**

**Sis. Miriam Ragland**  
**Bro. Marion Reed**  
**Bro. Curtis Sally**  
**Sis. Dorothy Sheppard**  
**Trustee Joan Simmons**  
**Bro. Lenard Sinclair**  
**Sis. Takeya Singleton**  
**Sis. Beverly Washington**  
**Bro. Johnny Washington**  
**Dea. Joseph Wilson**  
**Sis. Debra Wright**  
**Sis. Shavone Young**



2 Jesus Heals the Blind Man (John 9:1-12)

*There was a man who was born blind and some people—even Jesus's disciples—thought it was because of the curse of sin. But Jesus corrected that assumption and told them no one's sin was responsible.*

*Instead, God wanted to get glory through the man's healing and sure enough, he received his sight. This story will help you trust that your suffering is not in vain. On the other side of this pain is breakthrough. God will be glorified through your life, too.*

*"...but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."*

*Isaiah 40:31 (NIV)*



## VETERANS DAY HONORING ALL WHO SERVED

Veterans Day honors all the men and women who've served our country in uniform in war or peace — dead or alive — although it's largely intended to thank living veterans for their sacrifices. In honor of Veterans Day, we should remember all veterans' contributions. They should hold a special place in our hearts for their sacrifice and service. Veterans Day is a way to honor all because they put their lives at risk on the line to protect our, your and their families.

We are not only thankful to you but also motivated by you. You have shown us how to be brave & honest. You will always be in our hearts. Without your bravery & compromises, we would never be here to thank you today. Your footprints will always be followed when it's time for us to protect the nation!

Liberty comes at a price and the men and women who serve our country are willing to pay that price for our freedom and for peace. Today, we thank you, we salute you, we honor you Veterans! *A SPECIAL THANK YOU TO ALL OF JOSHUA'S VETERANS!!!*



# Count

Count your blessings instead of your crosses  
 Count your gains instead of your losses  
 Count your joys instead of your woes  
 Count your friends instead of your foes  
 Count your smiles instead of your tears  
 Count your courage instead of your fears  
 Count your full years instead of your lean  
 Count your kind deeds instead of your mean  
 Count your health instead of your wealth  
 Count on God instead of yourself

# Your Blessings

## A Thanksgiving Garden

Plant three rows of peas:  
 Peace of mind  
 Peace of heart  
 Peace of soul

Plant four rows of squash:  
 Squash gossip  
 Squash indifference  
 Squash grumbling  
 Squash selfishness

Plant four rows of lettuce:  
 Lettuce be faithful  
 Lettuce be kind  
 Lettuce be obedient  
 Lettuce really love one another

No garden should be without turnips:  
 Turnip for meetings  
 Turnip for service  
 Turnip to help one another

Water freely with patience and Cultivate with love.  
 There is abundance in your garden....  
 Because you reap what you sow.

To conclude our garden, We must have thyme:  
 Thyme for God  
 Thyme for study  
 Thyme for prayer  
 Pretty nice garden!



Pictured: (L-R) Sisters Frances Beckwith, Dianne Smith, Angie Green and Yummie Jones (Center).


Due to Covid-19, we did not publish a Joshua Journal in March 2020. However, our very own Sis. Yummie Jones coordinated a Black History Program held on February 27, 2020, at White Oak Manor. We would like to acknowledge the great work she continues to do. The program was beautiful.

A special thanks to our church sisters for supporting Sis. Yummie and Sis. Dianne Smith for sharing the event.

# THE PEARLS MINISTRY



*Breathe in calm your body.  
Breathe out a smile and relax.*



## Titus 2:3-5

<sup>3</sup>The aged women likewise, that they be in behaviour as becometh holiness, not false accusers, not given to much wine, teachers of good things; <sup>4</sup>That they may teach the young women to be sober, to love their husbands, to love their children,<sup>5</sup>To be discreet, chaste, keepers at home, good, obedient to their own husbands, that the word of God be not blasphemed.



## A Prayer of Thanksgiving

**L**ord we thank You for leading us in the direction you would have us to go. We know that we might not be all we can or will be. We are determined to succeed, grow, and lead with You as our guide.

We will provide for our home, we will lead our family, and we will support our church. We will continue to press our way forward because NO MATTER WHAT ANYONE ELSE MAY SAY, GOD KNOWS, "WE ARE TRYING, WE ARE TRYING, WE ARE TRYING" !!!!!

*Submitted by The Brotherhood*

Oh that men would praise the Lord for his goodness, and for his wonderful works to the children of men!  
Psalms 107:8



## Mental Health and COVID-19



## Your Voice, Your Choice: Why Voting is Good for Your Health

Your vote is your voice, which is why all registered voters are encouraged to show up at their designated polling locations.

Because voting is a right denied to many across around the world, it is only natural to have a sense of pride when you can cast your ballot. But beyond the mere satisfaction you may receive from helping select the people representing you, voting also has some surprising health benefits. Check out the five ways in which voting can improve your (and your family's) well-being:

- ◆ **Voting can make you happy:** Being active politically has been linked with higher levels of happiness, likely because it makes you feel like you're a part of a larger group of people who share similar views.
- ◆ **Voting ties you to your community:** Voting brings everyone in your neighborhood together for a greater cause, which can strengthen your connection to those you live near. (It goes both ways: Those who feel close to their community are also likelier to vote.) Those feelings of inclusion can lead to a higher quality of life and reduce feelings of loneliness. In fact, research ties social connections to longer life.
- ◆ **Voting generates inner peace:** The act of voting has been shown to help reduce stress levels and the risk of developing common mental health conditions such as depression. That's because when you cast your ballot, you often believe you are doing something that can make a real difference to your daily life.
- ◆ **Voting empowers you:** When you vote, you feel more in control over part of your life. This can actually translate into feeling more control over other areas that may need improvement, such as eating better or exercising more.
- ◆ **Voting helps your kids, too:** They may not be old enough to vote, but many kids and teens are aware of elections and believe their lives will be impacted by the results. Talking to your children about the issues and telling them that you voted can calm their fears and reassure them that you're acting in their best interest. Plus you're setting a good example so that when they get older, they vote as well!

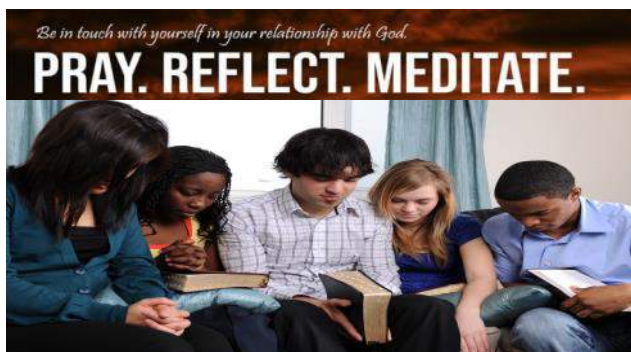
Life is full of stress, and we do our best to cope in the "best" of times. In this era of COVID-19, there are additional stressors that each of us may be dealing with that make coping even more challenging. The World Health Organization suggests that fear, worry, and stress are normal responses to perceived or real threats (WHO, 2020). We can all likely identify with some or all of these feelings in relation to COVID-19. What can we do to take care of our mental health during these trying times?

First, we must recognize that our physical and mental health are connected, and best practice is to pay careful attention to both. Identify positive ways to manage stress to support mind and body. Make sure to get enough rest, eat well balanced meals, and get regular physical activity.

Second, make and keep connections. While staying "connected" to others has been challenging during this time, being social also supports our mental health. You can call a friend, send a text, or plan a virtual visit via Zoom.

Finally, make time to reflect, pray, and meditate. These practices can help to keep our minds calm when there seems to be chaos and uncertainty all around. Try to incorporate any or all of these practices into your regular routine and watch how your mood can improve!

Definition of Mental Health according to the  
World Health Organisation



Dr. Michell Herring, LISW-CP

<https://www.who.int/teams/mental-health-and-substance-use/covid-19>

<https://www.ahealthiermichigan.org/2020/03/06/why-voting-is-good-for-health/>



## Jesus Is The Answer

Jesus is the answer  
 To the needs of our world today  
 He is here to guide us  
 and protect us along life's way  
 He never will forsake us  
 His love for us is real  
 "Peace" He says, "I leave with you  
 My peace, now ye be still."

Jesus is the answer  
 We only need to pray  
 And ask Him to come into our hearts  
 And walk with us each day  
 he loves us more than anyone  
 He made the sacrifice  
 Just put your faith in Jesus  
 Through the blood he paid the price.

Jesus is the answer  
 He died for you and me  
 He arose again that we may live  
 With Him eternity  
 So ask Him into your heart today  
 In His glory you'll abound  
 Because Jesus is the answer  
 And through Him true peace is found!

A Sunday school teacher asked the children just before she dismissed them to go to church, "And why is it necessary to be quiet in church?" Annie replied, "Because people are sleeping."

Several children found a dead robin. Feeling that a proper burial should be performed, they secured a small box and some cotton batting, dug a hole in the back yard, and made ready to dispose of the deceased. The minister's 5-year-old son was chosen to say the prayer. And so with great dignity, he intoned, "Glory be to the Father...and unto the Son...and into the hole he goes."



## SEARCHING FOR MEANING

Find the 16 words in the puzzle and then arrange them in a sentence in the space below.

### Word List

DISEMPOWER  
 MEANINGLESS  
 REPETITIVE  
 RITUALS  
 TOWARD  
 MASSES  
 LEAD  
 LIFE  
 WANT  
 THEM  
 YOU  
 THE  
 IF  
 A  
 OF  
 TO

T	T	B	H	S	L	A	U	T	I	R	Y	Y	N	U
K	F	H	O	L	O	S	J	D	R	A	W	O	T	R
P	G	D	I	S	E	M	P	O	W	E	R	W	U	U
C	S	Q	L	E	A	D	F	M	X	V	H	C	T	U
G	S	P	J	G	U	K	H	L	X	I	T	V	A	N
W	S	D	I	V	U	J	Z	W	U	T	P	L	R	R
S	E	F	I	V	L	M	E	W	F	I	G	G	L	O
M	L	I	C	T	U	G	A	H	N	T	U	C	F	U
J	G	I	P	L	E	N	C	S	T	E	H	J	Q	W
E	N	V	F	F	T	W	H	E	S	P	W	D	K	U
O	I	C	P	E	U	T	B	B	Y	E	E	E	R	E
U	N	O	J	M	B	C	W	P	U	R	S	D	W	S
E	A	L	X	F	W	Z	N	N	F	I	L	G	B	P
Z	E	E	P	P	L	Z	Z	E	B	S	U	F	G	B
U	M	F	M	T	T	H	E	M	V	P	K	T	O	S

### PUZZLE ANSWER

Jot down two or three examples of situations that support the premise of this sentence.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_


If you want to disempower the masses, lead them toward a life of meaningless, repetitive ritual.



**HAPPY**  
**BirthDay**  
**TO YOU**

May the abundance of the Love of Christ fill all the days of your life.  
 Have a Blessed Birthday!

*May your marriage be blessed with Love, Joy, Happiness and Peace!*




**Pray for the 2020 Election & the COVID-19 crisis.**

**Sunday, November 1<sup>st</sup> @ 7:00 p.m.**  
 via Conference call (602) 580-9334  
 Access Code: 3685016

&

**Early Morning Prayer**  
**Monday, November 2<sup>nd</sup> @ 6:00 a.m.**

*All are encouraged to pray at home, work, etc.*  
**Scriptures: James 5:16 & 1 Thessalonians 5:17**

*Rev. Glover and Rev. Isler will be fasting for a safe and peaceful Election Day beginning Monday, November 2nd at 12:00 midnight until 12:00 noon on Election Day, November 3rd. If God lays it on your heart to join them, please do so.*

**GIVE THANKS**  
**BE THANKFUL**  
**LIVE THANKFUL**



**JBC's Bible Study, Sunday Worship Service & Sunday School Classes Schedule**

**BIBLE STUDY**

Tuesday Nights at 6:00 PM

Via Facebook and YouTube

Rev. Dr. Robert L. Grove, Pastor

Wednesday Noon Days at 12 Noon

Via Teleconference

Dial-In #: 1-701-802-5010 Access Code: 833827

Rev. Albertha Isler

**SUNDAY WORSHIP SERVICE**

Sunday Mornings at 11:00 AM (live stream begins @ 11:15AM)

Via Facebook and YouTube or

Conference Call: (978) 990-5232, Access Code: 7329240#

**SUNDAY SCHOOL CLASSES**

**Adults at 9:00 AM—Via YouTube Live / Teleconference**

Evangelist Loretta Black - Via Phone Conference

Dial-in #: 1-978-990-5026 Access code: 894579

Sis. Shelley Brown - Via YouTube

Min. Latonia Robinson - Via YouTube

**Young Adults at 9:00 AM—Via Zoom**

Min. Corey Anderson

**Intermediate at 9:00 AM —Via Zoom**

Sis. Trudie Dukes & Trustee Stevie Grampus

**Youth at 9:00 AM—Via Zoom**

Rev. Chris Thurman & Trustee Andrea Oree

**Beginners/Primary at 9:00 AM—Via Zoom**

Sis. Maria Anderson & Sis. Marilyn Capers

JBC Sunday School/Children's Church FlipGrid Page

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