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Joshua's Journal

Reaching People For Christ – GOD FIRST!



Rev. Dr. Robert L. Grove



rothers and sisters, we are blessed and living in God's favor. Throughout the Pandemic as a church family, we have continued to prosper spiritually and financially. God has opened doors of opportunity for us that no one can close. We have 'enlarged our territory' through Zoom, Facebook, YouTube and teleconference.

Because we have an active and effective Deacons and Trustees Ministry, we have been in worship in the sanctuary since October 2020. I am most appreciative to the faithful workers in the vineyard who provide the energy, willingness, and the intellect to keep things on track. We would not have been able to move forward without you.

We also acknowledge that this year Joshua will be 138 years old. During these many years, the doors have remained open. We are thankful for the old saints who prayed and dedicated this land to Almighty God. So, this ground and all that is on it belongs to God. We give Him all the praise, honor, and glory for where He has brought us from. We just want to be good stewards not owners.

Furthermore, we are praying and seeking the Lord's guidance as we slowly come out of this Pandemic. Some changes are being made to improve our worship experience in the sanctuary.

Finally, a Church Constitution and By-Laws are being written. You will be asked to approve this document after a time of review and discussion. The vote will then come at the end of our Worship Service in 30-45 days. Remember, God loves you and Lady Grove and I do too.

Pastor's Page Inspiration Recognition In This Edition

Father's Day Pearls/Brotherhood Health & Wellness Activity/Humor Events Insert –Announcements

Joshua's Mission Statement

Joshua Baptist Church is a Christian Church under direct the leadership of the Lord Jesus Christ. We are also a Missionary Baptist Church committed to the salvation of the lost, conversion of the unregenerate, and the spiritual growth of the saved. We seek to follow Christ as He leads us, cultivate a bond of Christian love, one with another; and to truly and tangibly care for those in need. Christians. As we covet a consistent holv and liberated lifestyle that testifies to our being a born again believer in Jesus Christ, as we strive to fulfill our purpose of Reaching People For Christ. Remember, GOD First, we walk by faith and not by sight.

Adopted September 24, 1998

> Amended July 30, 2005

Amended May 9, 2012



Why study the Bible? Why attend Bible study? Isn't it enough to attend church and listen to the sermon?



Isn't it the pastor's job to teach us this stuff?

The first question should be easy to answer...God's Word is found in the Bible. That's where we turn for answers to life's unanswerable riddles. There's more to it than that, of course, but I have limited space here. Next: Attending Bible study allows for the exchange of ideas through learning, discussion, and fellowship, leading to a greater understanding of His Word and how it applies to our lives. Third: No! Sitting in the pew listening to and watching others do all the work is not walking in faith. Christianity is not a passive pursuit; it's a passionate, active process and commitment to growing in faith. Last, but not least...well, I'll get to that in short order.

It's not always easy to find time for Bible Study with all of life's demands and responsibilities, but we've made it very convenient by live streaming on Facebook and YouTube. And let's think about it—we make time for everything else. The majority of us are at home during the 6:00 p.m. hour and likely sitting in front of or near the television. Actually, if you have a smartphone, you don't even have to be home to tune in. How convenient is that? Technology can be wonderful! Why not put this very important hour on your calendar? Thank you. I see you setting the reminder on your phone or writing it down right now as you read this article. So, that brings us to the answer to question #4 from above. Yes, it is the Pastor's job and that's why Pastor Grove is leading us in studying the gospel. But it's also our "job" to show up and participate.

We will be looking for you online. It's the most rewarding hour you'll find on Tuesday at 6:00 p.m. Then tune in @ noon on Wednesday for another opportunity to learn/grow.

"Growing in the Word of God"

7 Practical Tips for Reading the Bible

- 1. Pray for a hunger for God's Word.
- 2. Set a definite time.
- 3. Read consecutively.
- 4. Turn your heart to the Lord.
- 5. Pray over what you read.
- 6. Keep track of your Bible reading.
- 7. Guard against distractions.



Simon Says: Reliable Authority





Sis. Thalia Frost



To God be the glory! Our very own Sis. Thalia Frost was recently recognized as School Lunch Hero by Charleston County School District.

Sis. Frost is a faithful member of Joshua Baptist Church and serves on the Health Advocate Ministry, Jubilee and Voices of Joshua choirs and the Women's Retreat Committee.

Sis. Frost has two daughters, four grandsons, and one granddaughter.

We are blessed to have her as a member of Joshua Baptist Church.

SCHOOL LUNCH HERO

HOW LONG HAVE YOU BEEN IN CHILD NUTRITION? 16 Years

WHAT IS YOUR MOST FAVORITE PART ABOUT YOUR JOB?

Serving our kids

GREATEST MEMORY WORKING IN SCHOOL NUTRITION

One year I had a group of 8th grade students tell me at graduation, they wished I was going with them to be their high school manager.

WHAT IS YOUR HERO "SUPERPOWER"?

Making a student's frown turn into a smile



THALIA FROST Manager Northwoods Middle

Charleston > excellence is our standard County SCHOOL DISTRICT

Joshua Baptist Church 2020 Graduate in the Spotlight



Private Avery J. Hollingsworth

BC is proud to recognize Private Avery J. Hollingsworth of the United States Marine Corps (USMC). Private Avery enlisted in the USMC on November 16th, 2020 and is currently on an assignment that will extend until 2025. His Military Occupational Code (MOS) 2800 is in Basic Ground Electronics Maintenance. He will be trained and taught how to resolve and repair sophisticated electronic systems as well as newly advanced weapon devices of the future.

He is stationed at Twentynine Palms Marine Base in California and doing very well representing our country.

Private Avery was a faithful member in the Brotherhood Mentorship Program, and we are very proud to salute him today. He is the grandson of Bro. William Glover.



Brotherhood Unity Creed I am somebody, God made me I am somebody, Christ died for me I am (<u>State Your Name</u>)

> I might not be all I can Be I might not be all I will Be But I'm Trying I am (<u>State Your Name</u>)

I am determined to Succeed I am determined to Grow I am determined to Lead *I am* (<u>State Your Name</u>)

I will provide for my Home I will lead my Family I will support my Church I am (<u>State Your Name</u>)



We would like to recognize our past Brotherhood President, Deacon Anthony Glover. He assumed leadership in 2010, after serving as the Vice-President from 2008 to 2010.

Deacon Glover is a Godly man in every aspect of living our unity creed. During his tenure, participation increased in our meetings, a New Year's meet and greet was developed and the Mentorship Ministry grew beyond anyone's expectation. Deacon Glover encouraged the brethren's participation in White Oak Manor Ministry. During our Annual Men's Retreat, he invited guests to speak on all aspects of life concerning men's health/wellness and gave outstanding "State of the Brotherhood" speeches. Deacon Glover was very instrumental in leading the annual church clean-up.

Deacon Glover is a beloved husband, father, grandfather, brother and faithful mentor, leader, and friend.

May all the fathers of Joshua Baptist Church enjoy a great day on June 20th and remember to support your home, family, and church because, "No matter what anyone else may say, God knows, I'm Trying !!!

-The Brotherhood Ministry of Joshua Baptist Church

Deacon Lawrence Strother, President



Deacon Anthony Glover

The Pearls Ministry

Don't be in a hurry to condemn because he doesn't do, what you do or think as you think, or as fast. There was a time when you didn't know what you know today. **WISDOM** IF YOU DON'T TRUST THE PILOT, DON'T GO.

- Denzel Washington

Titus 2:3-5 (KJV)

The aged women likewise, that they be in behaviour as becometh holiness, not false accusers, not given to much wine, teachers of good things;

That they may teach the young women to be sober, to love their husbands, to love their children,

To be discreet, chaste, keepers at home, good, obedient to their own husbands, that the word of God be not blasphemed.

Malcolm X



WE LOVE YOU DAD

Dad, NOW THAT I'M OLDER, I HAVE A BETTER IDEA OF EVERYTHING YOU DID FOR ME WHEN I WAS GROWING UP.

You worked so hard to make sure I was happy and healthy and had everything I needed...

I DON'T THINK I'LL EVER BE ABLE TO THANK YOU ENOUGH FOR ALL YOU'VE DONE FOR ME, BUT, TODAY AND ALWAYS, PLEASE KNOW HOW TRULY GRATEFUL I AM.

You have taught me to trust in the Lord and to walk in faith.

Happy Father's Day!

God the Father

³4:Endeavouring to keep the unity of the Spirit in the bond of peace. ⁴*There is* one body, and one Spirit, even as ye are called in one hope of your calling; ⁵One Lord, one faith, one baptism, ⁶*One God and Father of all, who is above all, and through all, and in you all.* ⁷But unto every one of us is given grace according to the measure of the gift of Christ. Ephesians 3-6 KJV

Paul calls us all to be like-minded...having unity in the spirit and the love of Christ in our hearts - being of one accord; encouraging the saints and demonstrating tender-compassion in humility of heart, towards one another. But mercy, truth and unity only comes when we have the grace of the Lord Jesus Christ, the love of God and the fellowship in the Spirit flowing through our inner beings - for it is only as we are yielded to the Holy Ghost, that He is enabled to conform us, into the likeness of Christ.

Source: https://dailyverse.knowing-jesus.com/Ephesians 4:3-6

Feliz Dia de Los Padres

When praying, don't give God instructions– just report for duty. When God ordains, He sustains. If God is your co-pilot– swap seats. Give God what's right—not what's left. We don't change God's message– His message changes us. Exercise daily– walk with the Lord.

Be ye fishers of men- you catch them & God will clean them.

Don't put a question mark where God puts a period.

Man's way leads to a hopeless end—God's way leads to an endless hope.

Happy Father's Day!

My Dad's kands are strong And they're big and they're tough But when I need help They're gentle enough.

My Dad's hands can teach me To work and to give. And by their example Fll learn how to live.



Right now my hand's are small And learning good from bad. Some day I hope my hands Will be just like my Dad's!

A good father can make a difference. He can set an example that his children will want to follow.

The encouraging words he speaks can turn doubt and worry into confidence and courage.

And he can help shape their lives just by being a part of it.

Every **Table** should remember that one day his **SON** will follow his **Example** instead of his advice.





7 Ways to Keep Your Kidneys Healthy

Your kidneys are fist-sized organs located at the bottom of your rib cage, on both sides of your spine. They perform several functions.

Most importantly, they filter waste products, excess water, and other impurities from your blood. These waste products are stored in your bladder and later expelled through urine.

In addition, your kidneys regulate pH, salt, and potassium levels in your body. They also produce hormones that regulate blood pressure and control the production of red blood cells. Your kidneys are also responsible for activating a form of vitamin D that helps your body absorb calcium for building bones and regulating muscle function.

Maintaining kidney health is important to your overall health and general well-being. By keeping your kidneys healthy, your body will filter and expel waste properly and produce hormones to help your body function properly.

Here are some tips to help keep your kidneys healthy.

1. Keep active and fit—Regular exercise can lower the risk of chronic kidney disease and reduce your blood pressure and boost your heart health.

2. Control your blood sugar—People with diabetes, or a condition that causes high blood sugar, may develop kidney damage. When your body's cells can't use the glucose (sugar) in your blood, your kidneys are forced to work extra hard to filter your blood. Over years of exertion, this can lead to life-threatening damage. If the damage is caught early, your doctor can take steps to reduce or prevent additional damage.

3. Monitor blood pressure—High blood pressure can cause kidney damage. If high blood pressure occurs with other health issues like diabetes, heart disease, or high cholesterol, the impact on your body can be significant.

A healthy blood pressure reading is 120/80. Prehypertension is between that point and 139/89. Lifestyle and dietary changes may help lower your blood pressure at this point. If your blood pressure readings are consistently above 140/90, you should talk with your doctor.

4. Monitor weight and eat a healthy diet—People who are overweight are at risk for a number of health conditions that can damage the kidneys. These include diabetes, heart disease, and kidney disease. A healthy diet that's low in sodium, processed meats, and other **kidney-damaging foods** may help reduce the risk of kidney damage. Focus on eating fresh ingredients that are naturally low-sodium, such as cauliflower, blueberries, fish, whole grains, and more.

5. Drink plenty of fluids—Regular, consistent water intake is healthy for your kidneys. Water helps clear sodium and toxins from your kidneys. It also lowers your risk of chronic kidney disease.

Aim for at least 1.5 to 2 liters in a day. Exactly how much water you need depends largely on your health and lifestyle. Factors like climate, exercise, gender, overall health, and whether or not you're pregnant or breastfeeding are important to consider when planning your daily water intake. People who have previously had kidney stones should drink a bit more water to help prevent stone deposits in the future.

6. Don't smoke— Smoking damages your body's blood vessels. This leads to slower blood flow throughout your body and to your kidneys. Smoking also puts your kidneys at an increased risk for cancer. If you stop smoking, your risk will drop. However, it'll take many years to return to the risk level of a person who's never smoked.

7. Be aware of the amount of pills you take—If you regularly take over-the-counter (OTC) pain pills, you may be causing kidney damage. Nonsteroidal anti-inflammatory drugs (NSAIDs), including ibuprofen and naproxen, can damage your kidneys if you take them regularly for chronic pain, headaches, or arthritis.

People with no kidney issues who take the medicine occasionally are likely in the clear. However, if you use these medicines daily, you could be risking your kidneys' health. Talk with your doctor about kidney-safe treatments if you're coping with pain.

THE BOTTOM LINE

Your kidneys are vital to your overall health. These organs are responsible for many functions, from processing body waste to making hormones. That's why taking care of your kidneys should be a top health priority.

Maintaining an active, health-conscious lifestyle is the best thing you can do to make sure your kidneys stay healthy.

If you have a chronic health condition that increases your risk for kidney damage or kidney disease, you should also work closely with your doctor to watch for signs of loss of kidney function.

7 Ways to Keep Your Kidneys Healthy – Healthyfollow.com





SIMON SAYS

Discover the source of confidence we need by following the instructions below!

Source of Confidence

Regarding the phrase above . . .

- Delete the last two vowels and every C
- Move the fourth and fifth letters to the front Change the first O to A and the final letter to Y
- Place letters TH between the third and fourth vowels
- Substitute the word LABEL for the letter S
- Change every F to R and every D to T
- Place an I after the first L
- Reverse the order of the seventh and eighth letters
- Delete the three letters following the second R

GRATEFUL FOR GOD'S BLESSINGS

Romans 8:28 tells us, "all things work together for good to them that love God." That certainly came true for Joseph! Discuss a time when things seemed really bad for you, but God worked it out for good.

Use the lines below to write a prayer of gratitude:



How many times does the Bible refer to God as Father?

The <u>word "Father" appears</u> 627 in the King James Bible. In the New Testament, Jesus and the Apostles refer to <u>God as "Father"</u> over 70 times.







Evening Bible Study Tuesday Evenings at 6:00 p.m. Via Facebook and YouTube Noon Day Bible Study

Wednesdays at 12:00 Noon

Via Conference Call

YouTube 1-502-420-9034 or 1-701-802-5010

Happy Birthday and Happy Anniversary to everyone celebrating in June!

Best wishes to both celebrations!



Joshua's Children's Church

4th Sunday Mornings at 11:00 a.m.

Joshua Baptist Church Activity Center

In-person

Pre-Registration Required

Casual Clothes and Tennis Shoes recommended

Theme for the Month of June: Hope

Memory Verse for the Month of June:

But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint. Isaiah 40:31

Sunday School Classes

Sunday Mornings at 10:00 a.m. In-person Via Facebook and YouTube

Upcoming Sunday School Scripture Text:

June 13, 2021: Matthew 8:23-27

June 20, 2021: Matthew 9:18-26

June 27, 2021: Matthew 14:22-33

July 4, 2021: Leviticus 13:45-46; Luke 17:11-19







The Deacons as well as the Ministers of Joshua are still a resource for you. Please join them in continuously praying for everyone!





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SATURDAY, June 26, 2021 10AM—1PM

The Brotherhood will be joining in with Low Country Food Bank as our community outreach to assist people in need.

We are asking JBC members to drop off nonperishable food items such as canned fruit/vegetables, canned tuna/chicken, whole grains, rice, pasta, cereal, and baby food. This is not the entire list and <u>ANY</u> nonperishable item is accepted.

In the event you cannot drop off items, and wish to do a monetary donation, all monies received will go to the Food Bank to allow them to purchase items.

Someone will meet you at your vehicle if you do not wish to enter the fellowship area. This will be our second effort to reach out and help in this manner and we are praying for a successful event.

Thank you for your support!

We are striving to be a committee that makes a difference to those less privileged than ourselves and we must continue to provide for our home, provide for our family, and support our church.



Helping Households Connect During the Pandemic The Emergency Broadband Benefit is an FCC program to help families and households struggling to afford internet service during the COVID-19 pandemic. It will provide a discount of up to \$50 per month towards broadband service for eligible households. Eligible households can also receive a one-time discount

of up to \$100 to purchase a laptop, desktop computer, or tablet from participating providers if they contribute more than \$10 and less than \$50 toward the purchase price.

The Emergency Broadband Benefit is limited to one monthly service discount and one device discount per household.

Who Is Eligible?

CADBAN

GENEF

A household has an income that is at or below 135% of the Federal Poverty Guidelines or participates in certain assistance programs, such as SNAP, Medicaid, or Lifeline; approved to receive benefits under the free and reduced-price school lunch program or the school breakfast program; received a Federal Pell Grant during the current award year; the household had a total income in 2020 at or below \$99,000 for single filers and \$198,000 for joint filers.

There are three ways for eligible households to apply:

- Contact a participating broadband provider directly to learn about their application process.
- Go to **<u>GetEmergencyBroadband.org</u>** to apply online and to find participating providers near you.
- Call 833-511-0311 for a mail-in application or print a copy, and return it along with copies of documents showing proof of eligibility to: Emergency Broadband Support Center I P.O. Box 7081, London, KY 40742

After you received a notice that you have qualified for the program, households must contact a participating provider to select an Emergency Broadband Benefit eligible service plan.



If you know someone who is not receiving the Joshua Blast emails and would like to be included, please send email request to <u>churchjoshuabaptist@gmail.com</u> Attn: Sisters Karen Pratt or Cindy Cato. Also, please advise if you no longer wish to receive emails.





ongratulations to JBC's students who

are being promoted to the

<u>and Promotees</u> next grade or graduating from high school or college. If you are a member of Joshua, we would like to recognize you in the next issue of our journal.

In order to do this, we are asking parents to email the name of their child or children and include what grade he or she has been promoted to. High school graduates, please include your full name, the name of the high school you will be graduating from, and a graduation photo. If you are a college graduate, please include the name of your degree, college or university you have graduated from and your graduation photo by the third Sunday, June 20th.

Please email information to Education Ways and Means Ministry at churchjoshuabaptist@gmail.com. If you do not have email, please give information to Cheryl Scott or any CAPPS member.



Who is Eligible?

Free tuition at SCC is available to anyone with a desire to begin or continue their education, including...

- Adults with some college
- Adults with no college
- Recent high school graduates
- Dual enrolled high school students
- Career changers
- Anyone who needs a do-over start college again
- Anyone who lives or works in SC.

All college-eligible students who enroll at SCC with a minimum of six credit hours (typically two courses) are eligible for SCC's free tuition for the 2021-2022 academic year.

To qualify for SCC's free tuition, students must complete a FAFSA (Free Application for Federal Student Aid) and have exhausted all other grants, aid, scholarships, etc.



IT'S THE END OF THE SCHOOL YEAR

Have you earned any awards? Do you have any encouraging thoughts you would like to pass on to other students?

CALLING ALL

STUDENTS!

We want to hear from you!

Your thoughts on school during the pandemic...LET US KNOW! Send an email to <u>churchjoshuabaptist@gmail.com</u>



"Pour into Morris" - Joshua has been asked to raise \$10,000 in donations for Morris College. Morris College is a private, Baptist historically black college in Sumter, SC. It

was founded and is operated by the Baptist Educational and Missionary Convention of SC. You can be a part of this worthwhile fundraising drive by donating \$100 by November 30, 2021. If you are interested, please contact Deacon Joe Fields, JBC Coordinator at (843)751-8931. Please help JBC meet its goal of 100 donors and \$10,000.

Heroes deserve recognition!

Know anyone who has gone above & beyond the call of duty during the pandemic?

Nominate them <u>TODAY</u> for a chance at an MLB gift package

Congratulations to the Askew Group in Chesapeake, VA Thanks to our corporate partner, Bank of America, for these gift packages!

Send nominations to: <u>debbie.pettigrew@cvmsdc.org</u>

Journal Submission: The 3rd Sunday of each month is the deadline to submit articles, announcements, poems, etc., to be published in the upcoming issue. Please submit to any CAPPS member.